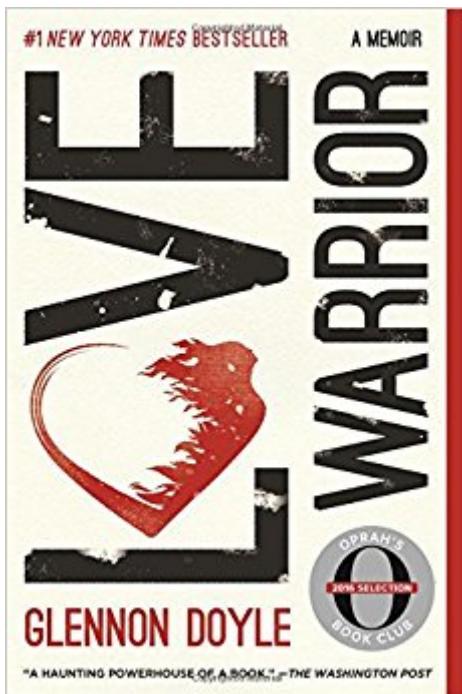


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# Love Warrior: A Memoir



## Synopsis

#1 New York Times Bestseller Oprah's Book Club 2016 Selection "Riveting...a worthy investment...this book has real wisdom." New York Times Book Review "A book with so much painful truth packed into its pages that every person who's ever married or plans to marry should really give it a read." Chicago Tribune "Provocative... I adore her honesty, her vulnerability, and her no-nonsense wisdom, and I know you will, too." Oprah Winfrey "This memoir isn't really about Glennon rebuilding her relationship with her husband; it is about Glennon rebuilding her relationship with herself. Utterly refreshing and... badass." Bustle.com A memoir of betrayal and self-discovery by bestselling author Glennon Doyle, Love Warrior is a gorgeous and inspiring account of how we are all born to be warriors: strong, powerful, and brave; able to confront the pain and claim the love that exists for us all. This chronicle of a beautiful, brutal journey speaks to anyone who yearns for deeper, truer relationships and a more abundant, authentic life.

## Book Information

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## Customer Reviews

"A testament to the power of vulnerability. Glennon shows us the clearest meaning of 'To thine ownself be true.' It's as if she reached into her heart, captured the raw emotions there, and translated them into words that anyone who's ever known pain or shame can in other words, every human on the planet can relate to. She's bravely put everything on the table for the whole world to see." Oprah Winfrey (Oprah's Book Club 2016 selection) "Glennon is not

merely relaying a narrative; she is offering her story with the hope and purpose of connection. Love Warrior... draws you in close, as if the author is talking to you, and only to you. Listening to such a warm and emotionally intelligent author is a worthy investment in a course on difficult conversations. But I suspect that... what will win you over is all the 'terrible magic' that happens when things fall apart."Ã¢ ¬â ¢ New York Times Book Review "An incredible, dark, poignant, vulnerable personal account about surviving rock bottom and finding a better life. You will be inspired by [Glennon's] resilience, strength, and womanhood."Ã¢ ¬â ¢ Real Simple"This memoir isnÃ¢ ¬â „ct really about Glennon rebuilding her relationship with her husband; it's about Glennon rebuilding her relationship with herself. ItÃ¢ ¬â „cs about one woman letting go of the gendered messages sheÃ¢ ¬â „cs been surrounded by her entire life, and communing with her fullest, most authentic self. Utterly refreshing and... just totally badass."Ã¢ ¬â ¢ Bustle.com"Love Warrior reaches a depth of truth and power and emotional gravity that is rarely seen in the world, and even more rarely spoken aloud. Glennon's story about the resurrection of her marriage (a tale of a woman daring to come into her body, and a man daring to come into his mind, and the two of them daring Ã¢ ¬â ¢ with outrageous courage Ã¢ ¬â ¢ to trust each other) is something beyond merely inspirational; it is epic. I think of this book as the vital, long-overdue, much-needed sister memoir to Eat Pray Love. Glennon lifts the roof off her whole house Ã¢ ¬â ¢ her whole life Ã¢ ¬â ¢ and examines everything, right out in the open. She has, indeed, become a Love Warrior. This book is an act of love and truth and generosity; it will change lives."Ã¢ ¬â ¢ Elizabeth Gilbert, New York Times bestselling author of Big Magic and Eat Pray Love"This is a book about what it means to be human Ã¢ ¬â ¢ to wrestle with love, hurt, addiction, vulnerability, intimacy, and grace. Love Warrior blew me away. We can all find pieces of our own stories reflected in Glennon's powerful words. We are so lucky to have her courage and wisdom in the world. We need this kind of truth telling if we are ever going to find our way back to each other."Ã¢ ¬â ¢ BrenÃƒÂ© Brown, New York Times bestselling author of Rising Strong and Daring Greatly"How can I do justice to this book? Moving and brilliant and funny and shocking and heartbreakingly inspiring, Love Warrior raises provocative questions about just what is possible for a person, a marriage, a family, a life. At the heart of this story is the insistence that we don't have to settle Ã¢ ¬â ¢ we can explore our shadows, and we're not just going to survive it, but we're going to come out the other side a whole new person with new love, new hope, new strength, and maybe even a new marriage. This is a big, stunning, buoyant, honest, raw glimpse into the life of an astonishing woman, but it is also a punch in the face to anyone anywhere who believes that this is just how it is and it's not going to get any better."Ã¢ ¬â ¢ Rob Bell, New York Times bestselling author of Love Wins"This elegant, moving

memoir is about one woman's marriage but also much more than that. Glennon writes about a hunger for love that all of us feel and the only food that ultimately feeds us. She understands the unique relationship between spiritual and romantic love, and in finding one, she masters the other. Truly a wonderful book."Ã¢â€¢ Marianne Williamson, New York Times bestselling author of *A Return to Love*"When I finished the last page of *Love Warrior*, I sobbed. I sobbed because I was in awe. Because I didn't want it to end. Because it made me believe more deeply in love, in humanity, in forgiveness, in God, in marriage. Glennon and Craig have invited us so far into the messy, beautiful, difficult insides of their hearts and lives, and what we find there is profoundly inspiring. This is a book that will change lives, change marriages, change the way we think and talk about what love really is."Ã¢â€¢ Shauna Niequist, New York Times bestselling author of *Present Over Perfect*"Glennon Doyle has mastered sharing her emotional life with the world, which she does nearly daily on momastery.com. Now she lays herself bare once again in *Love Warrior*, chronicling her struggles and the depths of her resilience in the darkest of times. A heroic achievement."Ã¢â€¢ Family Circle"A compelling story about self-discovery. Candid, brave, and generous."Ã¢â€¢ Kirkus Reviews"A breathless story, beautifully told. *Love Warrior* presents an intense and absorbing narrative while reaching for something bigger and more quixotic, the mystery of intimacy itself."Ã¢â€¢ Bookpage

Glennon Doyle Melton is the author of the #1 New York Times bestseller *Love Warrior* and the New York Times bestseller *Carry On, Warrior*. She is the founder of the online community Momastery, and the creator and president of Together Rising, a nonprofit organization that has raised more than seven million dollars for families in crisis. Glennon is an activist, a sought-after public speaker, and a columnist for O, The Oprah Magazine. Her work has been featured on The TODAY Show, The Talk, OWN, Chelsea, Dr. Oz and NPR; in The New York Times, The Washington Post, The Atlantic, Forbes, ELLE, Glamour, Family Circle, and Newsweek, among other television and print outlets. Glennon lives in Florida with her family.

I tried, I really tried, but at about the midpoint of this book I started skipping so many pages I finally just succumbed to my truth and let it go. I am well aware that this a good writer, an excellent writer, and I do understand the genre of "survivor memoirs" and their ability to inspire and empower those for whom the narrative resonates. But for whatever reason, the style of the writing, with its almost breezy stripping of the writer's every thought, making each one as important and essential whether talking about yoga or alcoholism, became wearying to me. The sheer

minute-by-minute-by-minute-by-minute account of the writer's marriage and the revelations that arose from it (and other revelation-inducing life events) became wearying to me as a reader. I left her sometime during the yoga section and left without knowing whether or not she and her husband ever had sex again or ever decided to give it a real go again -- and I feel sorta bad about that, as, no doubt, much went into this life and this book -- I just found the mountain of details wore me down too much to care. I'm sorry to leave this review because I applaud anyone who transcends their demons to find a new and more self-preserving life. But maybe I've read too much of this genre at this point. Maybe the revelations and epiphanies that fascinated this writer to the point of microscopic examination have already been covered in other fine books I've read. I dunno. All I know is, she lost me along the way. I wish her well, however it went, and congratulate her on both the success of her life and, it seems, this book. From what I can see it's having quite an impact and that's a good thing.

So--I often love Glennon's writing. Love Momastery. Have contributed to Together Rising. Etc. Honestly, I'm torn between two and three stars. I read the book in under 24 hours (including time I really should have been sleeping). It was definitely gripping: raw, real, vulnerable. At times it was reminiscent of Ann Lamott in the best ways . . . though much less sprinkled with humor to lighten things up (not surprisingly, given what she's covering here). I highlighted a variety of passages because they were meaningful to me and well-phrased. That said, ultimately, I felt like it was uncomfortably voyeuristic, especially about Craig. And I'm assuming (I'm sure hoping) he okayed the book. Even so, it's one thing for an author to share every intimate detail about her own life, but to discuss in such great detail incredible volumes of private information about her spouse . . . for me, it crossed a line where I ultimately felt I had intruded too much into what should have remained private between them. Then the book ends with it sounding like they've reconciled and forged a strong marriage through their intense efforts. . . . Suddenly, the afterword has, "So I don't know if we'll stay married or not." And then I've read from Glennon's blog that they're actually divorcing now. They'll get no judgment on the divorce from me, but it makes me feel even more awkward having read the book, like this is a chapter in their lives that I should not be privy to in such great detail. I had been greatly looking forward to reading it. I found it gripping while I read it. I'm not sure I should have read it. I feel weird about having read it.

This book is so real and so raw. I did not live a life even at all similar to Glendon's but her story is my story. Every woman will relate to this . She has a way of using words to fill your heart and give

you strength. Her story will make you cry, fill you with angst but have you laughing. You won't be sorry you read it and you'll be wishing for a best friend like Glennon

I expected more out of this book considering the hype. I haven't finished it yet and I bought it months ago, so ... just okay. Maybe I'll pick it up again tonight to see if its like wine that gets better with age. ?

Glenndon Doyle Melton offers the reader direct access to her thoughts and feelings as she struggles to recognize, accept and express her authentic self. The raw honesty of her struggle and her recovery makes it a compelling read. For anyone who has tried to help or understand someone who is struggling with addiction the roots of compassion become more accessible when you witness the perspective of the world from deep within her. It is a courage book that offers hope and inspiration.

Glennon's second book is vital. It's authentic, graceful and hopeful. It's about redemption, forgiveness, family dynamics and more. Individuals who have experienced infidelity in a partnership, church hurt, addiction or a chronic illness will find common ground with G. She also writes at Momastery.com and she is consistently transparent and shows love to all people. I cannot recommend this book enough.

This book was interesting in parts but self-indulgent towards the end ala Eat, Pray, Love. I found the book to be mediocre and was surprised that it was an Oprah pick. Somewhat disappointing and not worth the read.

This book is REAL. It is the first book that I have read that is both painful and uplifting at the same time. As Oprah said in her interview, 'I believe everyone can find something to connect with' but I do not believe it is for all to read. You have to be ready to have an open and honest view of others and self to see the book for what it really is, a memoir from a woman who is unafraid to blaze the trail and say the things that so many of us are thinking and feeling. Congrats and many thanks to you Glennon, as you say, "we belong to each other!" Love wins!

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